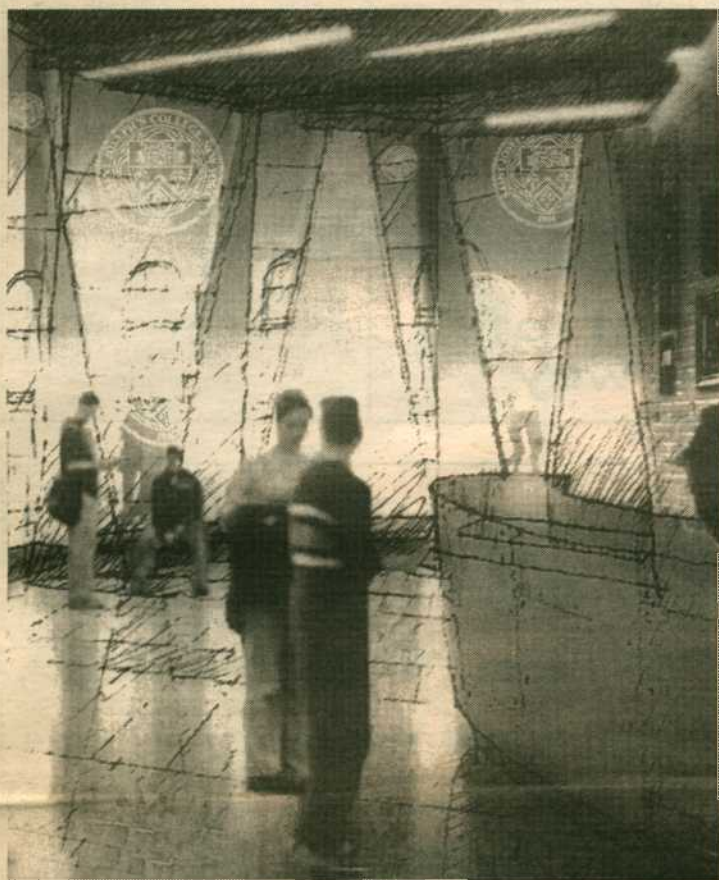


The Spirit

Volume III Number 1

September 2006



Artist's rendering of the new Tuohy Hall entrance

MAJOR CHANGES GREET RETURNING STUDENTS

Services and Offices Shifted in Tuohy Hall

By Christina Ament

George Christoph Lichtenberg (1742-1799) once said, "I cannot say whether things will get better if we change; what I can say is they must change if they are to get better."

And so it is for the Brooklyn campus of St. Joseph's College, which has undergone some dramatic changes since students left in June after the end of the spring semester.

The first change that will be apparent to students will be seen as they enter Tuohy Hall. The entire entrance to the 245 building has been revamped. Whereas originally, a wall with the college motto—*Esse, non Videri*—greeted visitors to the building, now the security desk is the first thing they will see.

Behind the security desk will be a room containing staff mailboxes and photocopy machines.

"I think the new entrance is dramatic, attractive, and functional. It is an enhancement with a better appearance," said S. Elizabeth Hill, President of St. Joseph's College.

Another major change will be seen as students pass the security desk and enter the building. The first office on the right is the new Student Life Center.

Student Services, under the Directorship of Sherrie VanArnam and assisted by Jamie Vacca-Hoeffner, formally located in Rooms 101-102, will now be in the new Student Life Center.

The office of Dean of Students Susan Hudec will also be moved into this new office suite.

"Hopefully, prospective students

will see the traffic into student life—people working on activities, events and plans for the semester," said Ms. VanArnam. "It's like showing off our best, since our best is our students. It's what we're all about."

The Student Life Center will house the student government, Campus Activities Board and other activities.

"The student population is growing and student government is growing. The space we had was too small. There are more positions and the offices they were in have become old and worn," said Ms. VanArnam. "The new room provides more open space and there are no more cubicles for the members of student government which was the way Room 101 was set up," she adds.

The elimination of private cubicles will create a more welcoming atmosphere for students who enter the Student Life Office since the officers will be at desks right in front of them.

The Financial Aid Office will move into the spaces currently occupied by Student Services.

Yet another major change that has taken place over the summer is that the Office of Enrollment Management and the Admissions Office have moved to the second and third floor of Burns Hall above the Parlors in Tuohy Hall.

"This change is important because many colleges attempt to make a nice, attractive admissions office for incoming students," said

S. Elizabeth.

Another major change has occurred in St. Angela Hall where a dance studio is being installed.

"Stacie Temple has been trying to develop the dance program and the school wanted to provide some visual privacy for them," said S. Elizabeth.

Since S. Elizabeth is committed to the Council of the Arts and the programs they plan and therefore such a rehearsal space is appropriate.

"The Council of the Arts is coming together very well for a school of our size," said S. Elizabeth.

Many people were involved in deciding upon what changes would be made in the college. The ultimate approval, however, came from the Board of Trustees, twenty-seven individuals representing many different professions who oversee the operation of the school.

There are limits to what changes are possible at a school like St. Joseph's. As S. Elizabeth noted, "The school is landlocked."

She does, however, acknowledge that the school is "painfully in need of athletic facilities," but at this time, there is no place to put them.

"I yearn for a 200 acre campus. I love this campus. I love Brooklyn, but I do wish we had a baseball and soccer field," said S. Elizabeth.

Each year, things change on the campus of St. Joseph's College. Perhaps in future years, more space will become available and the college will expand beyond its current boundaries.

TOP SCIENCE AWARD FOR S. MARY MAIER

By Gurjit Singh

Distinguished professor—now a distinguished scientist. S. Mary Maier, Chairperson of the St. Joseph's College Physical Sciences Department, has been named an "Outstanding Woman Scientist" by the Association for Women in Science.

In ceremonies held at the New York Academy of Sciences, S. Mary received the award in recognition of her many years of service in teaching science and her involvement in scientific organizations.

"The thought that I would be the recipient of this wonderful honor had never occurred to me during the many years in which my colleagues and students had attended this inspiring event," said S. Mary about her selection as an honoree.

S. Mary has been Chairperson of the Physical Sciences Department since 1985. Prior to that, she taught at St. Joseph's on a part time basis after earning her PhD in Chemistry at the University of Michigan. S. Mary earned her Bachelor of Science degree at St. John's University in New York and her Master of Science degree at the University of Detroit.

Since there were hardly any chemistry majors at St. Joseph's

at the time, she also taught part time at the newly-opened Medgar Evers College of City University of New York.

As an active member of the American Chemical Society, S. Mary has been asked by chairpersons of other colleges to teach chemistry courses. In that capacity, she has taught at LIU, Marymount College (Manhattan) and Pace University.

In addition to her teaching duties, S. Mary finds time to be the Moderator of the Science Club which conducted two blood drives during the previous school year.

She has also conducted Saturday programs for pre-college students and conducted a Faculty Seminar on "The Beauty and Versatility of Crystals."

S. Mary is no stranger to awards. In 2001, she was presented with the ChemLuminary Award for Science Education for the education of pre-college students. In 2002, she received a Salute to Excellence Award for "Educational Activities, Chemical education."

S. Mary also reviews two articles a year for the *Journal of Chemical Education, ACS*.

"It is true for all of us that we do what we consider our best in the

positions that we fill in this world of people, education, enthusiasm and inspiration," said S. Mary.

Always humble about her accomplishments and willing to praise others, S. Mary said, "The fact that Dr. Jill Rehmann introduced me so beautifully, that Dr. Kone Muriamou and some of our students were silently cheering for me added to my appreciation of all the good blessings I have received during my life."

On receiving her award, S. Mary said, "I was so happy to know that I would not be nervous in presenting my address because I was among friends who were actually listening."

Her modest approach to her achievements has made S. Mary Maier a beloved figure on the St. Joseph's College campus.



S. Mary Maier (Center) with "Outstanding Women Scientists" Award

EDITORIAL

Your Tabula is Now Rasa – Start to Fill it!

Welcome back to another year at St. Joseph's College, and a very special welcome to the new members of the Class of 2010. You will find that many things have changed on the Brooklyn campus since the end of the spring term, but one thing has not changed: the nature and the significance of your education as undergraduates.

Incoming freshmen need to know how different this will be from their high school experience. St. Joe's has accepted quite a number of students whose academic credentials are most impressive—but so what? As they say, that was then; this is now.

In the words of Jean Jacques Rousseau, you all now have a *tabula rasa*—a blank slate. You are all starting on an equal footing and it will be necessary to fill those slates with new achievements, new involvements, new grist for the eventual resume mill—a resume that can be the difference between getting a job or being rejected.

You see, three and a half years from now when you are thinking about graduate schools or employment, no one will really care if you were a member of Arista at St. Erkenwald's Academy for Special Students. No one will care that you were the president of the 4-H Club or the Chairman of Senior Sing.

In fact, no one will even care if you had a 95% average—in high school. Again, that was then; this is now. What have you done *lately*?

Employers and admissions committees will, on the other hand, scrutinize very carefully what you have done as an undergraduate. In addition to high grades, they will want to see that you were involved in your school's campus life or that you performed significant community service. They will want too see that you were part a part of the world you inhabited for four years as an undergraduate.

Recent graduates are expected to have resumes that are no more than a single page. After all, they have not yet had worlds of experience. But what could be sadder than submitting a third of a page resume that simply states you went to school and held a part time job at some local merchant?

In other words—you did *nothing* at your school for four years. This could have a dramatically negative impact upon personnel managers.

The solution? Get involved! Get involved now—right now! Join something—a club, a team, a publication. Start a club, attend events—contribute ideas. *Do something and be someone!* Here at St. Joseph's College, both those things can happen.

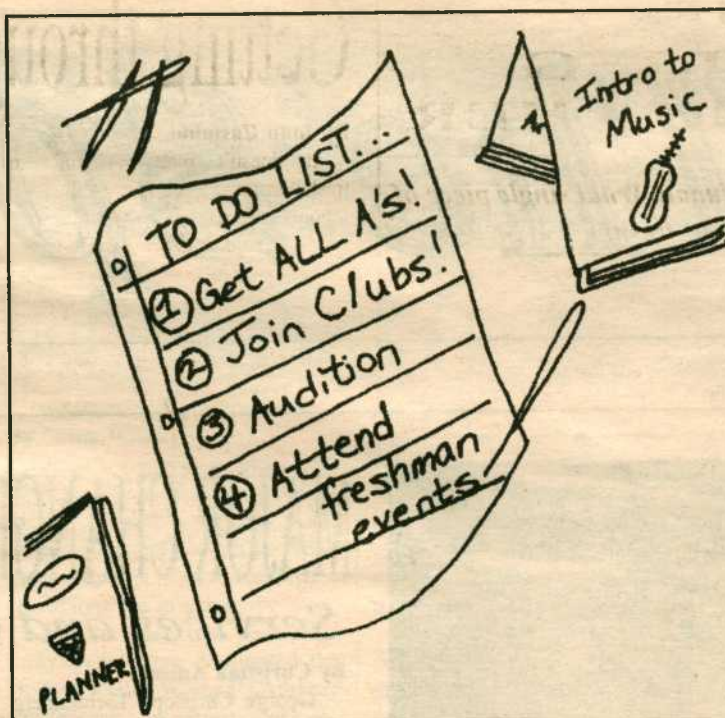
And *don't* forget about grades! Your 1500 SATs mean nothing to medical schools or law schools. But your GPA combined with outstanding LSATs and MCAT scores are what will propel you into the career of your choice.

So from day one of classes, your mind set better be on getting A's in your classes. The competition for slots in medical schools, law schools, clinical psychology programs and other graduate programs is fierce. In many cases, only the best will find themselves accepted.

Students with C's in their pre-med core courses generally do not get accepted to medical school—not when so many students are combining 4.0 indexes with super MCATs. No, it will take A's to get to where you want to go—and that quest begins as a freshman.

Confused? Swamped? Need help? It is available to you from many sources at St. Joe's. Do *not* wait until midterms to seek tutoring and assistance. Do it now—and if all goes well, four years from now when you graduate, you will be on your way to bigger and better things!

* * * * *



How to start off the right way.

THE SPIRIT

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Tara Talk

By Tara Vafiadou

It's a New and Different World You've Stepped Into

So? How do you like it so far, freshmen? Different, isn't it? Sure it is, but don't despair. Before you know it, you will settle in—just in time for the real challenges of college to begin!

Let me take a moment to introduce myself. My name is Tara Vafiadou and I am the editor-in-chief of *The Spirit*. I also write the monthly op-ed column for the paper. Think of it as kind of a 'MySpace' for the St. Joe's crowd.

Each month, I will let my mind wander a bit about things that are of interest to me. Maybe it will be politics, culture, school—you name it, and it can show up here.

But for this month's column, I would like to talk mainly to the incoming freshmen.

You understand, I am sure, that entering college can be a rough experience for some freshmen. Very little that you did in high school has prepared you for the rigors of being a college student—despite the amount of work you think you put into Honors or AP classes.

St. Joe's is going to become your 'home away from home' for the next four years. If you moved your home to a different city, you might at first feel very displaced. Same thing here. It's a new school, a new environment and it is not surprising that so many college newcomers are either frightened, disgusted, or just plain discouraged.

Stop worrying. You are not alone. Last year as a freshman, despite the fact that I came to St. Joe's with a number of my high school friends, I felt the same

way. It just *felt* different from what I had known for four years as a high school student.

One way to avoid that feeling of loneliness is to make friends—as quickly as you can. Not everyone goes into college with a coterie of friends. You will have to make new ones.

Don't sit back in a class and wait for someone to approach you and talk to you. Be the initiator: you be the one to go up to someone, introduce yourself and strike up a conversation. Believe me, they will be grateful to meet someone—and *voilà*—you've made a friend.

A second way to become more comfortable in a new environment is to get into activities. If athletics is not your thing, no problem. There are plenty of other things to do here: clubs, publications, government, an acting company, a chorus, a band.

The wide variety of clubs and activities here really cater to people with many and varied interests. And of course, the best thing about getting involved in one of them is that you may find people to become friends with who share similar interests to yours.

There are other places to meet people on the campus as well: the cafeteria, the library, the lounges—everyone has to eat at some point in the day, and there are many freshmen just like you who want a friendly face to sit down with.

See people sitting by themselves? Go up and ask if you can join them. I know, I know, you're scared even to do that. But don't be!

Oddly enough, people *want* to meet people! The want to be able

to make lunch dates or study dates. What they don't want is to feel isolated.

It's just amazing what saying, "Hi! My name is _____" can do to make you feel like you really fit in and belong at St. Joe's.

Now, let me quote a line of poetry from Andrew Marvell's "To His Coy Mistress": But always at my back I hear/Time's winged chariot hurrying near."

Whether you know it or not, that applies to *you*. Time is your friend and your enemy as a college student. If you study in advance (and I mean *well* in advance) of exams, then they will not be so intimidating. If you get started on papers the day they are assigned, then you will have plenty of time to do a good job with them by editing and proofreading them carefully.

But if you let time be your enemy, well, you don't want to think of the consequences. In high school, you could get away with studying for a test on the bus on the way to school. Don't try that here!

It won't take long to see how much work is required of a St. Joseph's College student. If you don't make every effort to keep up with that work, you will not be happy with the results.

So there it is. Make friends, build bonds with others, keep up with your work, and get involved. These are the keys to success in this alien atmosphere called college.

Trust me now. I was just like you. I feel great about being here—and so will you. Just give it time.

THE INQUIRING PHOTOGRAPHER

One year ago, you were a freshman. What single piece of advice would you give to the new freshmen at St. Joe's?



Be open to new experiences and stay on top of your work at all times.
—Charlie Davis



Join teams and clubs to make new friends and don't be afraid to ask for help.
—Theresa Mendez



Time management is the most important thing for a freshman to achieve.
—Shannon Wilky



Strike a good balance between academics and social life.
—Dan Ristea



The most important thing for freshman is not to miss class!
—Larry Fawcett



Don't procrastinate about doing your work. Do it on time—and meet new people.
—Samanta labady



Stay on top of your academic work, your grades and your assignments.
—Natalie Valette



Study hard and work hard and you will enjoy college a lot.
—Anthony Velez



My advice is to be open to new ideas and changes in a new journey in our lives.
—Daniella Inga



Have fun and join groups and activities such as basketball and make as many friends as possible because time flies very fast.
—Przemek Kudla



Buckle down, because college is a lot of work. All the fun is over once you start college.
—Khalillah Evans



It's a whole new ballgame here so be prepared to do a lot of work in college.
—Jessica Burzotta

Getting through the First Week at St. Joe's

By John Castaldo

It doesn't matter whether a freshman came from a big public high school or a small academy setting, or if a transfer student has just arrived from a big State University campus. The first week at a new school can be intimidating and confusing, so a little help in navigating the basics might be in order.

First, SJC is a small school. It has a small campus with only seven buildings—but it is still important to know what happens in those buildings.

The main campus building is Tuohy Hall, also called 245 (for its Clinton Avenue address). Most classes are held in this building. It is also the home of the Office of Student Life, the Academic Dean, the Dean of Students, the Business Office and a host of other college functions. The bulk of a student's day will probably be spent in Tuohy Hall.

Also, for the most part, the auditorium of Tuohy Hall is where many common hour activities take place. Guest speakers, Chapel Players productions, concerts and recitals are all held in the auditorium of Tuohy Hall.

The bulk of the department offices are located in St. Joseph's Hall (the 256 building), directly

across the street from Tuohy Hall. It is also the home to the Alumni Association and the Office of Institutional Advancement.

St. Angela Hall is located at 267 Waverly Avenue, just behind Tuohy Hall. It proudly bills itself as "the end of the road," at St. Joseph's since it is tucked out of the way of mainstream campus life.

St. Angela Hall is used for classes and it is also home to the ACES program. It also is the home of the Student Publications Office in Room 607.

In order to get into any building on campus, it will be necessary to show your up to date student ID at all times. The campus of St. Joseph's is a safe one and the security officers are vigilant about keeping out unauthorized visitors.

McEntegart Hall is a combination of the school's library, classrooms, the cafeteria and the bookstore (both of which are located in the basement). There are also lounging areas both inside and outside of the building.

For students interested in athletics at St. Joseph's, the Athletic Office is found on the lower concourse of Tuohy Hall. There are also basketball courts, game rooms

and student lounges. Another student lounge is located on the first floor of Tuohy Hall, equipped with snack and beverage machines.

There may be times when a student is feeling a bit out of place, needs someone to talk to or needs advice about internships or jobs. The Office of Counseling and Career Services, located on the second floor of Tuohy Hall is just the place to go for a helping hand.

A piece of advice for all students, new and old: keep your eyes open! When you walk through the halls, check out the bulleting boards. You will find everything from apartments for rent to used books for sale posted on the boards. Additionally, there is always information about upcoming events and activities placed on bulletin boards via flyers. Take the time to read them!

If you are reading this article, you probably saw *The Spirit* on a table in one of the lounges or in the hallways of a campus building. Look down! There are interesting brochures and notices on these table at all times.

With this basic information in mind, it should be easier for freshmen to make the all-important adjustment from high schooler to undergrad.

Looking For the Write Stuff Prize-winning Publications Seek New Staff Members

By Ashkey Pucciarelli

As the Publications Department at St. Joseph's College continues to grow, more and more student journalists will be necessary to staff the three major campus publications: *Footprints 2007*, *The Spirit*, and *Calliope: A Journal of the Literary Arts*.

Only in their third year, SJC's yearbook and newspaper have already won several national awards for excellence. The newest student publication, *Calliope: A Journal of the Literary Arts*, was submitted for adjudication in June and the results should be back by the end of September.

"I think it is important that we enter these competitions to see how we stand when measured against a thousand other colleges and universities nationally," said Director of Student Publications Dr. Howard Weiner.

The campus publications are designed to provide outlets for various kinds of student writing. *The Spirit* caters to a journalism-oriented student who wants to do news reporting, write a column or do investigative reporting.

For example, the newspaper is looking for a new Fashion Columnist, and Arts Columnist and a Political Columnist.

Footprints is the college yearbook and according to Dr. Weiner, "The yearbook allows for students who are interested in design, layout and photography to really exercise their imaginations and create a lasting memory of a year at SJC."

Calliope: A Journal of the Literary Arts gives a voice to students who write poetry or short stories and want to see them published.

Though there is no journalism major available at St. Joseph's College, there are two courses in journalism offered by the English Department: Introduction to Journalism and Magazine Journalism.

"I feel these courses can be very

students who really are interested in writing," said Dr. Weiner.

But he is quick to point out that absolutely no experience is necessary to become a part of any of the three school publications.

"I will train students in every aspect of writing and production on whichever publications they want to be a part of. It is not necessary for anyone to bring prior publication experience to our department," said Dr. Weiner.

The Student Publications Office is located in Room 607 of St. Angela Hall.

"It's a little out of the way here, and some students are reluctant to cross the street to come to us," said Christina Ament, Editor-in-Chief of *The Spirit*.

Overcoming that obstacle has been difficult. "It's not as if we are this huge campus with Publications located all the way on the other side of it," said Ms. Ament. "We are only a street over—and we try to make the office as comfortable as possible for our staffs," she adds.

The three school publications will be represented at a Publications table at Club Fair during the first week of school.

"I hope to meet a lot of new students and get them to come on board and be a part of what is becoming a very strong publications tradition at St. Joe's," said Dr. Weiner.

As yearbook and newspaper Assistant Editor John Castaldo says, "I think with more students, we can really accomplish great things."

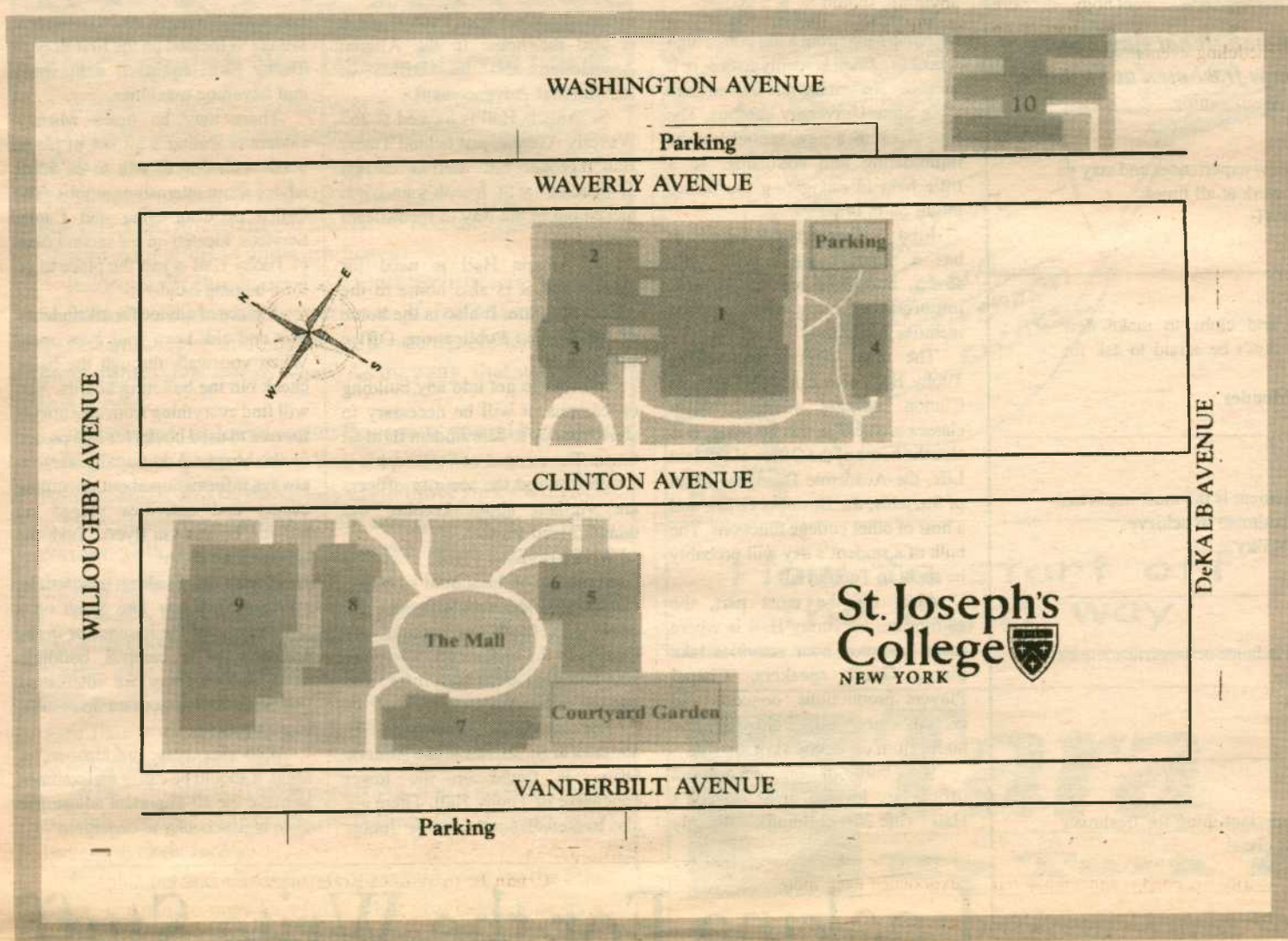


SJC's three publications

helpful to students who want to explore journalism as a career," said Dr. Weiner. "Naturally, I would hope that students who took these classes would gravitate towards working on one of the school's publications. It's a natural tie-in," he added.

"There is always plenty of work to do in student publications and I am eager to build these staffs with

Finding Your Way on Campus



1. Tuohy Hall (S. VincentTherese)

Administrative Offices
Alumni Room
Art Studio
Auditorium
Business Office
Chemistry Laboratories
Classrooms
Game Room
Gymnasium/Exercise Area
Physics Laboratories
Student Government Offices
Student Publications Office

2. Biology Laboratories
Student Lounges

3. Burns Hall ("245")
Board Room
Chapel
Faculty Residence
Formal Dining Room
Parlors

4. Lorenzo Hall
School of Adult &
Professional Education
Administrative Offices

English Department Office
Meeting Rooms

5. St. Joseph's Hall ("256")

Alumni Office
Courtyard Garden
Institutional Advancement
Department Offices
History
Modern Languages
Psychology/Psychology
Laboratory
Religious Studies
Social Sciences

6. Thomas E. Molloy Memorial
Outdoor Stage

7. Dillon Child Study Center
Child Study Dept Offices
Library, Observation Rooms
Preschool Rooms
Testing & Speech Offices

8. Founders Hall (FacResidence)

9. McEntegart Hall-Library
Cafeteria

Chapel
Classrooms
College Book Store
Computer Laboratories
Department Offices
Accounting
Business Administration
Economics
Speech
Faculty Study
Library
Student Lounge
Videoconference Room

10. St. Angela Hall
ACES Program
Art Studio
Auditorium
Campus Ministry
Classrooms
Education Department
Mathematics Department
Philosophy Department
Meeting Room
Student Lounge
Videoconference Room
Student Publications

So you get your schedule, you find out what classes you have and where those classes are held. One problem: you have no idea which buildings are where on the St. Joseph's College campus.

It's really not that big of a problem, because the campus isn't

that large. But here's a handy map that can help you find your way for a few days until you settle into a regular routine for getting around.

The map and legend are also found in the St. Joseph's College bulletin that each of you should have received, but let's face it—no one

really carries the bulletin around in their book bags.

But you can snip this one out of *The Spirit*, fold it neatly and put it in your pocket to keep it handy in case you need it.

It might help to know the following: Tuohy Hall is where most

of the action takes place on campus—classes, common hour activities, labs, administrative offices and the athletics office.

You might have a class or two in another building, but they aren't spread out too far and the walk will do you good.

Globespotters Serves International Students

By Gurjit Singh

As the student population of St. Joseph's College becomes more and more diverse, new and innovative activities have occurred that cater to the interests of a student body international in nature.

Dance groups such as the Calipuli Mexican Dance Troupe and the Philippine Dance Company as well as international speakers and art exhibitions are examples of the new international flavor to campus activities.

An outgrowth of this new diversity is the Globespotters—a club that is dedicated to supporting an awareness of global concerns.

Moderated by Dr. Sydelle Brooks and Mr. Mik Larson of the ACES program, the club provides a forum for ACES students and other St. Joseph's students to meet and become friends.

The club began as a combination of ideas from a variety of sources. S. Margaret Buckley, Academic Dean, wanted to see a club for ACES members; Dean of Students Dr. Susan Hudec wanted to bring the various ethnic clubs and societies at St. Joe's under one umbrella. Students wanted a club that would allow different ethnicities to interact and share aspects of their cultures with one another.

The result: Globespotters.

An example of the type of activities that occur in Globespotters was a discussion based on the topic: "Why do your friends look like you?" The theme of the discussion was to point out how foreign-born students tend to stay in their own groups where they are comfortable instead of branching out and meeting people from other cultures.

The officers of Globespotters for the coming year are the Executive Council consisting of: Kai Lian Chen, Shifat Noor, Anis Papando and Dan Ristea. The Advisory Council consists of: Fiza Bhatti, Mirljinda Krivca and Mechal Tufail.

These students will plan events and activities for the club for the 2006-2007 school year.

"Globespotters provides an important forum for civic engagement and involvement of our multi-cultural students," said Dr. Brooks.

Two years ago, the Brooklyn campus of St. Joseph's played host to International Week—a wide variety of multicultural activities in areas from politics to the arts. Last year, International Week moved to the Patchogue campus, but it is hoped that it will return this fall to Brooklyn, with Globespotters playing a key role in deciding what events will be scheduled.

According to Dr. Brooks, "We cannot minimize the importance of providing an International arena for new friendships at St. Joseph's College."

CAB Brings Innovation to Campus Life

By Christina Ament

Common hour is anything but common once the Campus Activities Board (CAB) gets done with planning a year's events for the students of St. Joseph's College.

In fact, CAB does not merely limit itself to common hour activities; most of the major events on and off campus are scheduled and run by the members of CAB.

Just in the past year, CAB ran events that ranged from wellness speakers to a concert on the mall, performances by John Rush and Akiva, a demonstration by a mentalist, a Def Poet presentation, a drive-in movie, and off-campus trips to see shows such as *Rent* and *Spamalot*.

Adam Mace, Chairman of the CAB for 2006-07 and former CAB Events Coordinator, says that the variety of events that CAB offers "allow students to see another aspect of student life—besides academics."

According to Jaime Vacca-Hoeffner, Assistant to the Director of Student Life, Sherrie VanArnam, "Last year's CAB was outstanding. Each year our events are getting better and our audiences are getting larger."

Mrs. Vacca-Hoeffner asserts that the reason for better events is a result of more students coming to St. Joseph's. Since CAB, as well as other clubs, get their funding for events from student activity fees,

the larger the student body, the more money there is to spend on scheduling events.

"CAB guarantees events and programming as well as co-sponsoring other clubs' events, helping to lessen the cost that these clubs have to pay from their own budgets," said Mr. Mace.

The actual planning of events is both costly and time consuming. First, CAB members go to the National Association for Campus Activities (NACA) to see samples of potential events.

Mr. Mace said that going to NACA enables the CAB members to see "things that are becoming popular in other colleges."

Then, CAB members spend hours brainstorming events that they think would be interesting to have at St. Joseph's College.

Mrs. Vacca-Hoeffner also notes that the CAB members check with their sister organization on the Patchogue campus to find out what activities have been successful when run there and to determine whether it would be worthwhile to try them on the Brooklyn campus.

Other steps in the planning of events include establishing dates, contracting the artists, determining where the activity would work best, what food should be offered, any security needed, and what, if

anything, should be charged.

"It's a big job with a lot of small details that must be seen too," said Mr. Mace.

Sometimes, input is also solicited from the student body. For example, the April 6, 2006 Drive-in Movie, "Ferris Bueller's Day Off," was entirely selected by the students via a poll conducted by CAB.

Perennial activities such as the Def Poet continue to be scheduled because the event has proven to be so popular with students.

Already scheduled for the Fall 2006 semester are events such as Fright Fest, another drive-in movie, a reggae concert on the mall, Murder Mystery Dinner Theater, the Holiday Festival and several trips to popular Broadway shows.

"Each year, as the college grows, CAB becomes more of an important part of college programming. Years ago, CAB was just a club and we couldn't afford to have a drive-in movie on the mall. Now, since we have common hours every day, it allows us to plan more and students have come to expect events every day," said Mrs. Vacca-Hoeffner.

As the population of the college becomes more diverse, one of CAB's goals will be to offer programming that caters to that diversity to enhance the overall college experience even more.



Halloween Bash – a major fall common hour event



Urban Bush Women perform during common hour

UA Governs Many Parts of Student Life

By Svetlana Medvedeva

Unlike many high school student governments, which are mere rubber stamps for the will of the Principal, the Undergraduate Association of St. Joseph's College (UA) is a living, dynamic, functioning organization staffed by a group of dedicated students who want to see positive changes and programs brought to the campus.

Elected in the spring of the year, the four officers of UA spend the spring and a good portion of the summer vacation planning the programs they want to see implemented during the school year.

This year's officers are: Christopher Burke, President; Schaeffer Charles, Vice-president, Andrea Rosado,

Secretary, and Natalie Fascianella, Treasurer.

Whether it is chartering new clubs or publications, running senate meetings and acting upon its recommendations, or overseeing a large budget that allocates funds to every campus activity, the UA is involved in virtually every aspect of campus extracurricular life.

Of the composition of the UA, Christopher Burke said, "It is a very diverse group of students with great energy and spirit. Each year brings new excitement—more students, different programs, the formation of new clubs."

The 2006-2007 school year figures to see the chartering of even more clubs on campus as well as new

activities.

"The Campus Activities Board, which I directly oversee, has quite an array of events planned already. CAB will ensure that 2006-2007 is energetic, informative and entertaining for the student body," said Burke.

Advised by Director of Student Life, Sherrie VanArnam and assisted by Jaime Vacca-Hoeffner, the student government has moved into new offices in Tuohy Hall for the fall semester. According to Burke, the move will help the government be more accessible and helpful to students who are looking to become involved in campus activities.

Any student is invited to come to the office and meet the new officers and offer suggestions and ideas.



Chris Burke, President



Schaeffer Charles, Vice-President



Andrea Rosado, Secretary



Natalie Fascianella, Treasurer

This Month In History

By The SJC Historical Society

September 15, 1890

Author Agatha Christie is born in Devon England. The mistress of the murder mystery would go on to sell over 400 million books featuring characters such as Hercule Poirot and Jane Marple.

September 1, 1939

Nazi Germany invades Poland from the land and air, beginning the Second World War.

September 10, 1925

Blues artist B.B. King is born

September 22, 1893

Charles and Frank Duryea make the first American automobile in Springfield, Massachusetts.

September 30, 1955

Actor James Dean, famous for his role in *Rebel Without a Cause*, dies in a car crash.

September 8, 1974

President Gerald Ford pardons former President Richard Nixon.

September 1, 1985

The wreck of the RMS Titanic is found 400 miles east of Newfoundland by Robert Ballard.

September 8, 1985

Pete Rose got his 4,191 hit. This tied him with Ty Cobb for the most hits in Major League history.

September 11, 2001

The World Trade Center Towers and the Pentagon are the targets of a terrorist attack that involved hijacking jets and crashing them into the buildings. Over 2000 people died on this day, which begins the War on Terror. A fourth plane was aimed at the White House but passengers recaptured the aircraft and crashed it into a field in Pennsylvania, killing everyone on board.

September 1, 2004

Chechen rebels storm a Russian school taking 1000 hostages. Of these, 340 died when the school was stormed by soldiers, half of whom were children.



MUSICAL NOTES

By John Castaldo

On Sax: The Fabulous Jimmy Dorsey

Welcome back to St. Joe's, music lovers! After a relaxing summer, I'm glad to be back and writing my music column again.

Each edition of *The Spirit* finds me writing about music that interests me. But I always consider, should I write about a particular genre? Artist? Music at St. Joe's?

Since I'm a sax player, I decided that this first column will focus upon one of the greatest alto players of all time, the fabulous Jimmy Dorsey, whose big band recorded such smash hits as "So Rare," "Contrasts," "Green Eyes" and "Amapoloa" and was one of the most popular bands of the Swing Era.

"Contrasts" was Jimmy Dorsey's theme song and he based it upon a fingerbusting exercise piece that he once wrote called "Oodles of Noodles."

The opening bars of "Contrasts" say so much about the Jimmy Dorsey style. His sound is sultry, sexy and just oozing with class. It has a fluidity to it that is so much in contrast with the bebop phrasings of a Charlie Parker or a John Coltrane. It's just a very different kind of jazz than later styles.

The tune opens in the style of a ballad that continues into mid-song when the rest of the band joins in for a pulsating, swing tour de force anchored by the horn section.

Then, there's an *and tempo* and the horns bring the band back into ballad mode. All the while, Dorsey's alto articulates every single measure—it's clean, crisp and a real showcase for a fantastic instrumental technician.

"Contrasts" is both romantic and haunting at the same time. A young couple can easily find themselves making love to this song, while at the same time, a young musician can study the piece for days trying to mimic Dorsey's technical excellence on the alto.

"So Rare" is a phenomenon all by itself. I still remember the first time I heard the song. I was with my saxophone teacher after a lesson and he said, "Johnny, I want you to hear this song." He played it, I loved it, and when I got home, I immediately downloaded it.

It has become my favorite big band tune and has given me a goal to aspire towards in regards to my playing: I want to be able to play "So Rare" note for note, tone for tone, the way Jimmy Dorsey played it.

Remarkably, "So Rare" was first recorded in 1957 during the

first era of Rock and Roll music—and it was a hit on the Top 40 charts!

Incredible. Elvis, Chuck Berry, Bo Diddley, Ricky Nelson—and Jimmy Dorsey?? Even though by 1957 Swing Music was basically passe (unless you watched Lawrence Welk on Saturday nights), this song made it to the Top Ten amongst teenage listeners and it became the highest ranking big band song of the rock and roll era.

Dorsey growls his way through the altissimo chart. Growling is a saxophone tonal technique that is extremely difficult to master.

Whether the growling was an attempt to reach rock and roll fans with a sax tone they were familiar with (think of the sax sounds in "Tequila" by the Champs), or the impact of the cancer that would ultimately end his life shortly thereafter, is a matter of debate.

Nonetheless, it has a striking effect since it seems to bridge the gap between the older musical style and the newer rock and roll phrasings.

The sixteenth notes that seem to explode from Dorsey's horn and the altissimo G that he hits (which I can tell you from experience is extremely difficult to play) are tributes to his greatness.

In a saxophone method book that Dorsey wrote in the 1940s, he figured out 'trick' fingerings for superclarion notes a full octave above the natural range of the instrument! These notes require lips of steel—but he played them with consummate ease.

"So Rare" is proof that the alto sax is every bit as versatile as its big brother tenor in regards to crossing musical genres.

Recently, my sax teacher told me that Charlie Parker, heralded as the greatest sax player of all time, was an admirer of Jimmy Dorsey. One listen to "Contrasts" and it is easy to hear why. Jimmy Dorsey could extract the inner beauty of a ballad and also swing with the best of them.

Jimmy Dorsey mastered the saxophone in much the same way as his brother Tommy mastered the trombone: for both players, it was all in the breathing and phrasing of musical lines.

Jimmy Dorsey's style was as distinctive instrumentally as Frank Sinatra's was vocally. If there was ever an apt player for Charlie Parker to admire, it was Jimmy Dorsey.

Jazz Ensemble Seeks New Players

By John Castaldo

Entering its third year of existence, the SJC Jazz Ensemble is coming off of a big year in 2005-06, a year that saw them featured at two dance recitals and their own concert.

Even bigger things are planned for the 2006-07 season, but whether or not those plans materialize depends on how many new players the group can recruit.

Currently, the instrumentation of the SJC Jazz Ensemble consists of two saxophones, a trumpet, a rhythm section of drums, guitar, bass and piano, and auxiliary percussion.

All along, the group was envisioned as a true 'big band,' but such a band usually consists of 17 pieces—5 saxes, 4 trumpets, 4 trombones and a 4 piece rhythm section.

Thousands of charts have been written for big bands, but the players are needed to fill the chairs

to give those charts the full sound they deserve.

The Jazz Ensemble performs jazz in a variety of styles, touching upon major standards in the jazz repertoire. All instruments are accepted.

Players should be good readers, but reading is not necessarily a requirement, particularly for the rhythm section. Prior experience in playing an instrument, on the other hand, is needed to become a member of the group.

Last year the SJC Jazz Ensemble performed at "Christmas with the Jazz Band" and a spring concert. They also hosted "Jazz Me All Night Long," which was a program of music made famous by Nat King Cole, Duke Ellington and other great jazz composers.

The SJC Jazz Ensemble has been characterized by some as the "Crown

Jewel of the Music Department" while others refer to it as "The Sound of St. Joseph's College."

In addition to student membership, sometimes faculty members sit in and play with the group. Recently, S. Betty Calfapietra of the Child Study Department and Dr. Stanley Nevins of the Philosophy Department joined in at the group's spring recital.

Students who join the SJC Jazz Ensemble can earn ½ credit per term for a maximum of 4 terms for being an active participant in the group's rehearsals and shows.

Any student who is interested in joining or getting more information about the SJC Jazz Ensemble should contact faculty Moderator Leon Bernardyn at lbernardyn@sjcnv.edu or through band director John Vincent Castaldo at JVCastaldo@yahoo.com.



Ensemble founder John Castaldo



SJC Jazz Ensemble performs at Spring Dance Recital

Parking Tags: Get'em While They're Hot

By Ashley Pucciarelli

Newcomers to St. Joseph's College as well as first-time drivers very quickly learn that street parking around the school can be a Kafkaesque nightmare. It is not uncommon for a student to spend well over an hour circling—and circling—the blocks waiting for someone to move their car—that's if they haven't willed their parking space to an heir.

In fact, the only decent day to park on the street is Wednesdays. The other days of the week have alternate side of the street restrictions—and you had better check the signs, because they are not the same for both sides; the hours change.

To alleviate the problem, parking permits are available for the student parking lot on Vanderbilt Avenue.

Ah, but the rub of it is: having a parking permit is not an ironclad guarantee of a space. Parking is on a first come, first serve basis; no spaces may be reserved.

That means that even with a parking permit, if you have a late morning class, you *still* might have to arrive at school an hour early in case the lot and garage are filled.

The SJC parking permit costs \$50 and it can be purchased during the first days of school in the auditorium of Tuohy Hall.

On the first day of the tag sale,

it is recommended that you arrive very early, because the first step is to get a *bracelet*. This bracelet guarantees that you will get a parking permit, which will be put on hold for 48 hours.

The building will open at 6:30 AM on the first day of the sales to accommodate the rush—and there *will* be a rush.

To purchase a parking tag, a student will have to present a valid SJC ID card, a driver's license, and an automobile registration. They may be paid for by check or money order made out to St. Joseph's College or with cash.

In the event that parking tickets are sold out, students may place their names on a waiting list. Many students who are on the waiting list ultimately wind up with parking tags—but sometimes those tags are only valid on specific days or at specific times.

Students may also park on a per diem basis at the Armory Garage, which is located on Vanderbilt Avenue, just a few paces off of Myrtle Avenue. It is only two blocks from the campus—but this facility also fills up rapidly and students are again encouraged to arrive early for classes to ensure parking and on-time arrival at class.

Senior Photos

By Svetlana Medvedeva

Senior yearbook photographs have been scheduled for Tuesday, September 19, Wednesday, September 20 and Thursday, September 28.

Any senior who wishes to be included in *Footprints 2007* must be photographed at that time. No retakes will be permitted.

Each senior will be photographed in cap, hood and gown and in an informal pose as well. The informal poses will be taken on the campus. The formal portraits will be taken in the Parlors of Tuohy Hall.

There is a \$5.00 sitting fee that is collected at the time of the photographs. This fee is deducted from the total cost of a photo 'package' should the student decide to order one.

At the time seniors are photographed, they *must* pick up a student biography sheet and fill it out.

These sheets *must* be returned to the Publications Office (Room 607 St. Angela Hall) or placed in Dr. Howard Weiner's mailbox in Tuohy Hall. The deadline for returning student biographies is Friday, October 5, 2006.

NEED HELP?

Try the Career and Counseling Center
Tuohy Hall
Second Floor

Campus Bookstore Saves Students Time and Money

By Mark Wilson

Ever since its refurbishing and expansion before the beginning of the 2005 school year, the St. Joseph's College bookstore has become one of the most popular spots on campus.

A full service bookstore, it features everything you might expect to find in a similar facility on a much larger campus: a full line of textbooks for all college courses, school supplies, clothing, keep-sakes, food and beverages—you name it, the bookstore stocks it.

For freshmen, the bookstore, located in the basement of McEntegart Hall, will prove to be very important place to get to know. As soon as course syllabi are distributed listing the required texts for a subject, students are urged to purchase their books so they do not fall behind in their readings.

Although textbooks are available at a number of online sites such as amazon.com and BarnesandNoble.com, nothing can really beat the convenience of getting your textbooks immediately—and at a reasonable price, too.

The bookstore arranges its text by academic discipline, so the books for Child Study are all in one section, as are those for Psychology, History, English and the other course areas as well.

Since one course might have several different sections, students

are urged to match the section with the one printed on their schedule before buying books, because different professors might require different texts for the same course.

There are a few simple tips that can be followed for making a trip to the bookstore during the first week of school as painless as possible:

- **Avoid the bookstore at common hour!** Try to go to the bookstore during your free time, other than common hour (12:30 PM-1:30 PM). Bookstore hours may vary from day to day, so check them out. Late in the day is probably the best time to avoid the rush.

- **Go to class first. Then buy your books.** Sometimes professors order a book and realize that the class won't need it. It's good to confirm the titles, authors and editions to make sure you get the right one for the class.

- **Buy used!** This isn't underwear! Used books work just as well as new ones—unless they have been totally scribbled in or highlighted. You want to do your own highlighting and not rely on someone else. You can save lots of money with used books.

- **Take a bag with you.** Whether you empty out your school bag or bring a plastic bag from home,

it will come in handy when you are trying to balance a pile of books with your chin.

- **Go more than once.** Don't try to buy all your books at one time. Break it up into one or two trips. This way it will be less to carry, and it sorta kinda almost makes you feel like you're spending less.

- **Show your colors!** Everything you can imagine has the SJC logo stamped on it. Be proud of your school; buy a sweatshirt or jacket or bookbag—let them know out there that you're an SJC student.

- **You're in the library—so use it!** Yes, McEntegart Hall houses the bookstore and the cafeteria—but it's also the school library, so you might as well get some work done while you are there.

- **Sell!** Once you buy your books, try to keep them in good condition. The bookstore buys back books all year round. How much you get for it will depend on the wear that particular book has as well as the laws of supply and demand.

St. Joseph's students are proud of their new bookstore and hope that incoming students feel the same way about it. Once you've been there, you'll find yourself going back again and again.

'Giving' Resides at St. Joseph's College

By Tara Vafiadou

St. Joseph's College already has a citywide reputation for the quality of education it provides. Now, it is rapidly gaining an equally impressive reputation for the generosity and spirit of giving that exists in the entire college community.

Right from the start of the semester, there are projects taking place on campus dedicated to reaching out to others.

For example, last school year began with a massive Hurricane Relief effort for the victims of Katrina that saw tons of clothing and food collected as well as teachers donating a portion of their salaries to help with the reconstruction and housing of the homeless.

During the school year, two separate blood drives are held for the benefit of the New York Blood Center which then provides the blood to area hospitals.

At Christmas, the "Giving Tree" is erected in Tuohy Hall which collects gifts and pledges for the homeless and for single mothers who reside in shelters.

"Up Till Dawn" is yet another project that raises funds for St. Jude's Children's Hospital in Memphis, Tennessee.



A clothing display in the college bookstore

In the past, there have been mall walks to provide donations for Autism Awareness and workshops conducted by Chapel Players whose proceeds went to AIDS research and assistance for sufferers from the dread disease.

Of course, one cannot predict what natural disasters will occur throughout the world, but one can

predict that St. Joseph's College students, faculty and staff will be prepared to contribute quickly and generously to help the victims. Flyers and announcements are posted on bulletin boards informing every member of the St. Joseph's family how they can help to make life better for those who cannot help themselves.



THE GAMESMAN

by ROBERT MARRIELLO

Game Gear: What You Need to Get Started Playing

Hello everyone! Let me introduce myself (imagine a booming voice with plenty of reverb) I AM THE GAMESMAN, MASTER OF ALL GAMES HERE AT ST. JOSEPH'S COLLEGE! Glad I got that out of the way.

Yes, I'm R.J. Marriello, I am indeed the Gamesman. I'm also a Computer Information Systems major, Information Technology workstudy student, and all around gaming geek extraordinaire.

I'm also the bringer of all things gaming-related to these pages that we call *The Spirit*.

There are two things I do in every column. The first is that I talk about one topic, like a game I've recently tried out. Or it might be about a gaming site people should know about. But for the first article of every school year, I talk about a constant, since this paper is prepared months ahead of time for you incoming freshmen.

This column will be about gear—things that every gamer ought to have.

Of course, the first thing that any gamer needs is games—but that's a given. The second piece of gear any gamer needs is a memory card or some other storage device, so that when you go to your friend's house to play games, you can bring your game data with you. This way, if you have a character for a game that you know could take all the other people down with just the press of a button, you can use that character and not some default character.

For people using Nintendo and PlayStation consoles, this is a necessity. For X-Box lovers, you only really need the card if you want to move data from one X-Box to another. And for PC gamers, unless your data gets saved on an online server, there's no safe way to get data from one computer to another.

Flash drives and media cards don't have the space to hold all the data you need, and portable external drives can change letters on different computers, screwing up whether or not your data gets saved.

Another piece of gear you'll need is a controller, and not just so you can play. I mean like a favorite controller that has signs of wear and tear on it from being taken all over the place and have been with you every time you fragged a player in a First Person Shooter, took the checkered flag

in a racing game, or proved your greatness in a MMO game.

This is a must because like everything else, after a long time of use, you not only become used to the controller, you also become one with it obtaining a Zen-like state where your moves are less actions and more reactions and instinct.

The final and most important thing a gamer needs is other people. You may not think it is necessary, but like most other things in life, things are better when other people are involved.

No First Person Shooter is good unless you have someone help you, or someone to shoot down while they're on the run. No MMO is fun without others there to challenge you—and the list goes on and on. Even when it's just yourself, you still have the computer to play along with.

Anyway, now for the second thing I do in my columns. I call it Fact or Fake, where I give people three options and they choose which ones are real and which ones aren't.

Last time, for my game news article, I gave three names and one was real, two were fake. They were M.C. Fragsalot from Dreamstation.cc, Slippy from X-Play and Bumblefoot from Gamer Andy Live. The correct answer is M.C. Fragsalot from Dreamstation.cc. Slippy was a fish used in a review mentioned once on X-Play, but never was brought up again, and Bumblefoot is a nickname for Jack Thompson from Dreamstation.cc because they don't want to promote him.

So now for the newest Fact or Fake, there will be 1 fake and 2 facts based off some of the podcasts mentioned in the last column, although you won't need to know them to answer.

Here we go: (1) Game Andy Live! Has never done a live broadcast for the entire time the podcast has been out (2) Dreamstation.cc is over a year old, having done its 52nd weekly podcast back in April, and (3) Also in April, for their all day marathon on G-4, X-Play created a drinking game to be played during the marathon.

So which are fake, which is real? See my next column in *The Spirit* for the answer.

Till next time, this is RJ Marriello wishing you all good gaming!

**INTERESTED IN SPORTS?
Come to the Athletic Office
Lower Level of Tuohy Hall
Join a Team Today!**

ST. JOSEPH'S SPORTS



THE SPORTING LIFE

BY MARK WILSON

Playoffs: The Half-Full or Half-Empty Glass

Wasn't it Shakespeare who said, "It is better to have loved and lost, than to never have loved at all?"—or something to that effect. How you view this depends on whether you are a glass half full or a glass half empty type of person. (That's the last cliché—I promise).

Now wait! Don't turn the page yet. This is indeed the sports column of *The Spirit*—and I'm Mark Wilson, your Sports Editor. Permit me to continue.

See, when one is the fan of a losing team, he or she hopes every time a fresh season rolls around that there is a chance at season number two—the playoffs.

The seasons pass one after another, after another. For your squad of choice, the sub .500 seasons are more predictable than an Armando Benitez fastball. Yet, your mantra continues, "I'll be happy if we make the playoffs."

Finally, by some miracle, the sports gods smile down upon you and here come the playoffs! You invite your friends over, the beer (or soda) is chilled, the popcorn buttered. You sit back in your favorite armchair and are the picture of contentment.

Nothing can ruin this moment—or so you think. You're happy; your team is in the playoffs and life is good.

Except, before you know it, the game is over and your boys are on the wrong end of a losing score. Your popcorn is strewn about the floor, your foot is hurtling towards the TV screen and you begin shaking your fists at those very same sports gods who got you this far.

"We don't belong in the playoffs! What a disgrace! Pull out the tarp!"

Your few hours of contentment are over and been replaced by anger.

Now allow me my own cliché (OK, just one more). "Is it better to have made the playoffs and lost than to never have made them at all?"

A prime example of my rhetorical question is the 2004 and 2005 New York Jets. The year 2004 finds the Jets pumping on all cylinders and the playoffs are all but a certainty. They win the AFC Wildcard game 20-17 in a real nail biter.

Jets fans—stop here unless you are into reliving torture. It's the AFC Divisional Playoff game. Doug Brien is setting up for the game-winning field goal and the result, not once, but twice, is anguish for Jets fans. It was a heartbreaking loss. But at least we made the playoffs, right?

Next season, 2005, Chad Pennington goes down. Jay Fiedler goes down. The Jets finish at a pitiful 4-12. Upsetting, yes, but were Jets fans more upset after the 2004 or 2005 season?

Not a Jets fan? Well, how about those Giants! It's the 2002 season and the Giants are coming off an abysmal 2001 record of 7-9. But it's 2002 and it's a new year and a new team (tell me you haven't heard that one before).

Yet, the Giants also falter when it comes to the kicking game. A bad snap forces an even worse pass. The refs didn't call a much-warranted pass interference call, the Giants fans were still left heartbroken.

So again I ask, which was worse? Ending one season 7-9, or ending another in utter dismay? Was it better to have made the playoffs and lost, or not to have made them at all?

More recently, the 2005-06 New York Rangers come to mind. It had been over a decade since the overpaid, underperforming Blueshirts had made it to the playoffs. With the help of Jaromir Jagr and his 54 goals, the Rangers made it to the powerplay laden playoffs in 2006 to face the hot New Jersey Devils.

Their performance led many fans to wonder if their team, although it had won a good deal of games during the regular season, was prepared for the playoffs.

And if they were—then why were they torturing their fans? But for years, all the fans had asked for was a shot at the playoffs and the Rangers finally delivered.

Regardless of what team you support, if your team is losing, all you hope for at the beginning of the season is the playoffs (unless you're the Yankees and then, anything less than a World Championship is unsatisfactory).

It's not too much for a fan to ask for, right? Yet once you accomplish your goal and your team gets to the playoffs, failure becomes unacceptable. You crave more victories.

You can call it greed. I call it being a fan. A fan can't just hope for the playoffs. That's like buying a lottery ticket and being content with just matching one or two numbers.

Fans of any team in any sport want to take it all. But when a team is struggling, we'd rather baby steps. Your plea to the sports gods may be simply, "I wish we could just make it to the playoffs. That's all I ask."

Watch out—especially for clichés! Because here's another one: Be careful what you wish for. You just might get it."

Volleyballers Go for the Threepeat

By Mark Wilson

So are we talking 'Threepeat' here or what? Unlikely as it sounds, the St. Joseph's College Lady Bears Volleyball Team is poised to make history: three conference championships in a row.

For the past two years, the Lady Bears have dominated the Hudson Valley Women's Athletic Conference, winning back-to-back titles.

Now, with a team still dominated by young players, the ultimate prize of three in a row seems a distinct possibility.

To say the least, the Lady Bears return a team loaded with talent.

Returning juniors Svetlana Medvedeva and Marzena Stadnicka are both United States Collegiate Athletic Association (USCAA) All-Americans.

Add to those two standout performers Magdalena Wiecek, the MVP of the HVWAC championship tournament in 2005,

and the team presents a formidable starting lineup.

The Lady Bears went 16-6 in overall play last season for a .727 record. Even more impressive was their conference record of 7-1—a remarkable .875 percentage.

Can it get better than this? "We certainly have the desire to win and proved we can come from behind," said Svetlana Medvedeva, "but we still lost a total of 7 games—and we think we can do better than that," she added.

Coach Michael Schober enters his 6th season of coaching the volleyball team at St. Joseph's. After his first conference championship, he was named the HVWAC Coach of the Year.

His assistants, Mario Tang and Sylwia Parzych, have been with him for several years, providing a continuity to the coaching staff and providing a strong bond with the players.

Other players returning to the Lady Bears for the 2006 campaign

will be Tamara Bulatovic who was second only to Svetlana Medvedeva in blocked shots with 72. Also returning are Jaime Mascetti who had 67 aces on serve, and Bala Huseinovic who had a serving percentage in 2005 of 96%. Huseinovic also had an astonishing 651 assists.

"We are still a very young team," said second year player Christina Ament. "There are no seniors on our team and we have really gotten to know each other's styles of play, so I think we will be even stronger as a team this year," she added.

Other great collegiate teams have tried for the magic threepeat—and failed. Texas, Nebraska and Oklahoma are but three who won back-to-back titles but fell short of the magic third title.

With the confidence and talent of the 2006 Lady Bears squad, while not assured of a title, it certainly is within the realm of possibility.

Tennis Team Heads into its Third Season

By Christina Ament

The bane of the existence of all coaches is the 'rebuilding' year on a collegiate team. The 2006 season could prove to be such a year for the Lady Bears Tennis Team.

Fully one half the team has been lost to graduation. Kristin Healey, Jill Spinosa, Itchell Whyte and Lauren Zecca, all members of the Class of 2006, left St. Joseph's College in June, leaving a gaping hole in the team roster.

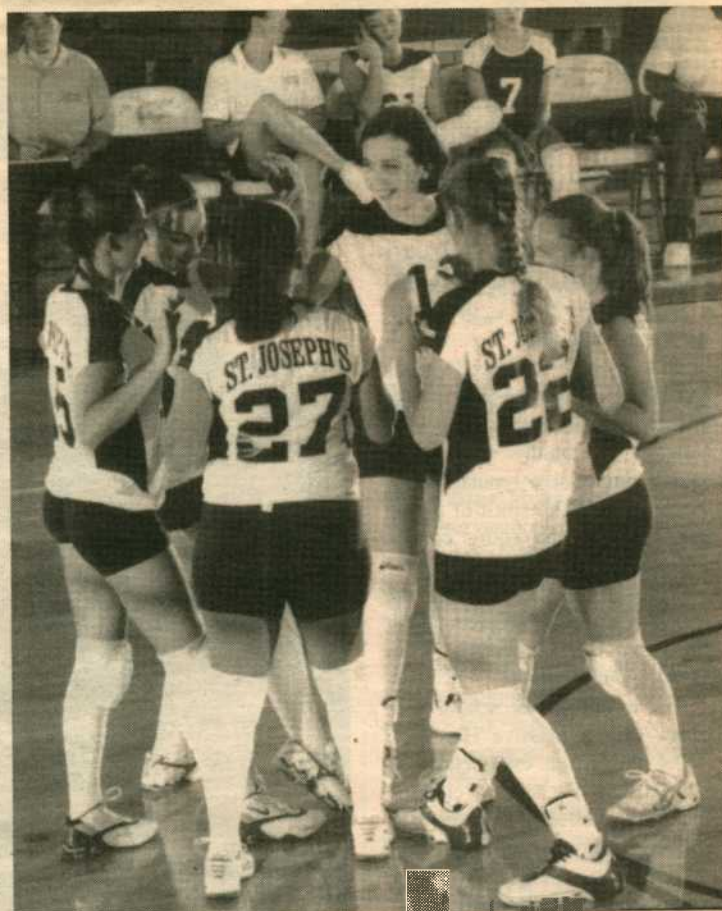
Returning to the squad will be juniors Annamarie Ciorciari, Tara Deahn and Svetlana Medvedeva as well as sophomore Carelle Cherebin.

This leaves a nucleus of young players, but the question becomes, how will third year coach Walter Sanchez restock the team for the current conference season?

Tryouts and invitations to students who played varsity tennis in high school are two ways that the team can find the personnel needed for conference competition.

Sometimes word of mouth is also a good way of attracting players who might not have had any high school experience, but who are tennis players in their own right.

The 2005 season was the first year that the Tennis Team was involved in conference play. Up until that point, it had functioned



Lady Bears huddle up before playoff finals

with the status of a club.

Overall, the team's record was 2-5 with a 1-4 record in conference play against long-established teams.

Seniors Jill Spinosa and Kristin Healey were named to the All-HVWAC Conference team for their individual efforts.

But now, the rebuilding process must begin in earnest.

The team will begin practice

sessions in late August and the season begins almost immediately with the start of the academic school year.

Youth and enthusiasm are two key ingredients to the 2006 Lady Bears Tennis Team. As the long season progresses, the squad will work towards improving their conference record before heading into the playoffs.